



## My Whole Earth Kids - Out of School Care for Curious, Growing Minds

My Whole Earth Kids is a licensed Out of School Care program for children in Kindergarten through Grade 3, rooted in the educational philosophy of My Whole Earth Academy in Kerrisdale, Vancouver. Designed to support modern families, our program offers calm, dependable, and enriching care before and after school, on Pro-D days, and during school breaks.

We honour childhood as a time of curiosity, connection, and growing independence, and we view Planet Earth as our primary classroom and teacher. Guided by the BC Early Learning Framework, our approach respects children as capable, thoughtful learners who thrive when given time, space, and meaningful opportunities to explore the world around them.

### A Grounded Start and a Gentle Landing

Morning care provides a soft, predictable start to the school day, with quiet activities that help children settle emotionally and prepare for learning. Start the week right with Monday Mangia! Staff and students work together to make a fun breakfast buffet to start the week on a positive note! The rest of the week you may send your child with a simple breakfast, and we'll make sure they have space to eat!

After school, staff bring a quick snack to the school for children to refuel before unwinding at the playground. Afterwards, children walk with staff to the safe, unhurried environment of the Academy where they can decompress, refuel with a second, harder snack, and choose how to spend the remainder of their time — resting, studying, creating, or exploring.

The children are not rushed. Choice, rhythm, and responsiveness guide the afternoon flow.

### Learning That Feels Relevant

At My Whole Earth Kids, learning is exploratory, hands-on, and rooted in real-world curiosity. If it's something that interests your child, we want to learn all about it with them! Activities are offered as invitations rather than requirements, allowing children to engage deeply, follow their interests, and build confidence through authentic exploration.

Invitations to explore may include:

- ★ Earth sciences and geology
- ★ Creative arts and jewellery making
- ★ Cooking and food exploration
- ★ Plant care and nature studies
- ★ Lego construction and design challenges
- ★ Age-appropriate Technology and STEM experiences

### Relationship-Based Care

Our educators are caring, qualified professionals who prioritize physical and emotional safety, inclusion and respect. They act as guides to support children with self-regulation, communication skills, and compassionate peer relationships. We know children learn best when they feel safe, seen, and valued.



# MY WHOLE EARTH ACADEMY

## Active Bodies, Open Air, Real Play

Daily outdoor time is vital for children to maintain a healthy balance between stationary learning and active living. Your children will enjoy at least 45 minutes of active play on their school grounds to support their overall health and well-being. We recognize that children benefit from open-ended, self-directed time at the end of their school day to exercise their individuality.

Staff bring materials for engaging with at the playground. From magnifying glasses and specimen bottles to chalk and tennis balls, your child will have a wide range of fun things to do! Morning children have an opportunity to request materials for after school.

In class, screen use is intentionally limited. A basket is provided on the director's desk for devices to be monitored in case you call. With pediatric research indicating alarming neurological impairment from extended device use, we strive to keep your child engaged in real play, with real friends, in real settings.

## Community-Connected Support

To further support your busy family, we also offer supervised transitions for registered children to and from nearby enrichment programs such as Kumon, Vancouver Martial Arts Academy, Gracie Barra Jujitsu, and Fox and Unicorn Arts, helping your child experience a rich after-school routine.

## Pro-D Days & School Break Programs

On Pro-D days and during School Breaks, My Whole Earth Kids offers full-day care that is engaging, enriching, and thoughtfully paced — providing families with dependable coverage while giving children a meaningful and enjoyable day.

Pro D days are immersive experiences, allowing children to explore in ways not possible at school. Children embark on full-day field trips to various locations around the Lower Mainland with cohesive activities such as scavenger hunts and research projects that are designed to elevate their learning.

School Break weeks are intentionally unhurried, allowing learning to unfold naturally while honoring children's individual rhythms and interests. Field Trips and activities are adapted to the group, supporting both independent inquiry and cooperative play. School Break programs provide children with a sense of continuity — a place where familiar relationships, trusted routines, and meaningful learning continue even when school is out.

## A Place to Belong

My Whole Earth Kids is more than childcare. It is a community space where children are trusted, curiosity is nurtured, and learning feels meaningful and alive. Grounded in the values of My Whole Earth Academy, our program offers a 'head, heart, and hands' centered Out of School Care experience for growing children and the families who love them.

## Hours of Operation

Regular School Days	7:30am – 9am & 3pm – 7pm
Early Dismissal Days	7:30am – 9am & 2pm – 6pm
Pro D Days	8am – 6pm
School Breaks	8am – 6pm

## Food Provided

After School Snacks & Monday Mangia Feast
After School Snacks
Am & PM Snacks
Am & PM Snacks & Monday Mangia Feast